

<i>Monday</i>			<i>Tuesday</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
-Blueberry Muffins -Eggs -Fresh Fruit -Yogurt -Milk	-Nutella Sandwiches -Fresh Fruit -Cheese Chunks -Pretzels -Juice	-Hoecakes -Bacon -Eggs -Grits	-Oatmeal -Toast -Eggs -Fresh Fruit -Yogurt -Strawberry Milk	-Ham Whole Wheat Wraps -Fresh Fruit -Cheese Chunks -Baked Chips -Juice	-waffles -Sausage -Fresh Fruit
<i>Wednesday</i>			<i>Thursday</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
-Banana Bread -Eggs -Fresh Fruit -Yogurt -Chocolate Milk	-Grilled Cheese -Fresh Fruit -Juice	-Pancakes -Fresh Fruit -Yogurt	-Cereal -Toast -Eggs -Fresh Fruit -Yogurt -Milk	-Hot Dogs on whole wheat buns -Baked Chips -Fresh Fruit -Juice	-Whole wheat Toast -Smoked Sausage -Eggs -Grits
<i>Friday</i>			<i>Saturday</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
-Blueberry Muffins -Eggs -Fresh Fruit -Yogurt -Strawberry Milk	-Nutella Sandwiches -Fresh Fruit -Cheese Chunks -Pretzels -Juice	-French Toast Sticks -Eggs -Fresh Fruit	-Oatmeal -Toast -Eggs -Fresh Fruit -Yogurt -Chocolate Milk	-Ham Whole Wheat Wraps -Fresh Fruit -Cheese Chunks -Baked Chips -Juice	-Breakfast whole wheat tortilla wraps (bacon, eggs, bell pepper, onion, tomatoes, steamed potatoes & cheese)
<i>Sunday</i>			<i>Notes</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>			
-Banana Bread -Eggs -Fresh Fruit -Yogurt -Milk	-Grilled Cheese -Fresh Fruit -Juice	-Buttermilk Biscuits -Bacon -Eggs -Grits			

November 9-15, 2015