

<i>Monday</i>			<i>Tuesday</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
-Oatmeal or Grits -Toast -Fresh Fruit -Juice	-Banana Bread -Fresh Fruit -Cheese Chunks -Yogurt -Strawberry Milk	-Meatloaf -Steamed Potatoes -Steamed Green Beans	-Cereal -Toast -Fresh Fruit -Juice	-Mini Bagels w/ Cream Cheese -Cheese Chunks -Fresh Fruit -Yogurt -Milk	Loaded Nachos
<i>Wednesday</i>			<i>Thursday</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
-Oatmeal or Grits -Toast -Fresh Fruit -Juice	-Ham Chunks -Fresh Fruit -Baked Chips -Yogurt -Chocolate Milk	-Homemade Waffles -Bacon -Scrambled Eggs -Grits	-Cereal -Toast -Fresh Fruit -Juice	-Grilled Cheese -Fresh Fruit -Yogurt -Strawberry Milk	-BBQ Pork Chops -Cheesy Potatoes -Steamed Broccoli
<i>Friday</i>			<i>Saturday</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>
-Oatmeal or Grits -Toast -Fresh Fruit -Juice	-Mini Bagels with Nutella -Fresh Fruit -Yogurt -Milk	-Homemade Pizza -Salad	-Homemade Pancakes -Sausage -Scrambled Eggs -Grits	-Chicken Salad	-Sloppy Joes -Tater Tots
<i>Sunday</i>			<i>Notes</i>		
<i>Breakfast</i>	<i>Lunch</i>	<i>Dinner</i>			
-Oatmeal, Grits, or Cereal -Toast -Fresh Fruit -Juice	-Leftover Chicken Salad	-Buttermilk Fried Chicken -Corn on the Cob -Steamed Green Beans			